



List Your Top Five Goals in Each Category

List the Top Five Things You Would Like to Do in Your Life:

- 1.
- 2.
- 3.
- 4.
- 5.

List the Top Five Things You Would Like to Have in Your Life:

- 1.
- 2.
- 3.
- 4.
- 5.

List the Top Five Things You Would Like to Learn in Your Life:

- 1.
- 2.
- 3.
- 4.
- 5.

List the Top Five Places You Would Like to Visit in Your Life:

- 1.
- 2.
- 3.
- 4.
- 5.

List the Top Five Things You Would Like to Contribute in Your Life:

- 1.
- 2.
- 3.
- 4.
- 5.

What Five Things Will You Leave as a Legacy of Your Life?

- 1.
- 2.
- 3.
- 4.
- 5.

List the Top Five Things You Would Like to Do in Your Career:

- 1.
- 2.
- 3.
- 4.
- 5.

List the Top Five Things You Would Like to Learn in Your Career:

- 1.
- 2.
- 3.
- 4.
- 5.

List the Top Five Things You Would Like to Contribute in Your Career:

- 1.
- 2.
- 3.
- 4.
- 5.

List the Top Five Jobs You Would Like to Have During Your Career:

- 1.
- 2.
- 3.
- 4.
- 5.

What Five Things Will You Leave as a Legacy of Your Career?

- 1.
- 2.
- 3.
- 4.
- 5.

What Five Things do you Want in Your Retirement?

- 1.
- 2.
- 3.
- 4.
- 5.

List the Top Five Things You Would Like to Do During Your Retirement:

- 1.
- 2.
- 3.
- 4.
- 5.

List the Top Five Things You Would Like to Contribute During Retirement:

- 1.
- 2.
- 3.
- 4.
- 5.

Let's Do Some Action Planning

It's good to have some goals but without a plan to implement them you won't get too far. Successful Action Planning comes from deliberate planning and action steps. Consider the following as a guideline for your action planning process.

1. Analyze Needs & Assemble the Resources to Achieve Your Plan
2. Set Specific and Attainable Goals
3. Set Specific Objectives with Detailed Units of Measurement
4. Utilize Deadlines to Stay on Track
5. Set Responsibilities for Others and Take Responsibility Yourself
6. Take Action (Just Do It!)
7. Evaluate Your Progress (Both Successes and Failures)
8. Make Corrections as Needed
9. Continue or Cancel and Put Your Energy Somewhere Else

Use the following templates to experiment with your goals!

Goal: _____

	Objective	Needs	Resources	Deadline	By Whom
1.					
2.					
3.					
4.					
5.					

Goal: _____

	Objective	Needs	Resources	Deadline	By Whom
1.					
2.					
3.					
4.					
5.					

Evaluation Feedback:

Course Correction Needed?

Financial Planning

It is also important to have the financing available to do, have and be all the things you want in your life so some financial planning is also very important. Here are some ideas and resources to get you started. The two parts of financial planning that are most important to you are budgeting and investing (i.e. making your money grow, then put it to work for you!)

1. Start a Simple Budget:

Visit: <http://www.copsalive.com/suggests?howtcreateabudget/lifecareer>

Calculator: <http://www.copsalive.com/suggests?budgetcalculator/lifecareer>

See also: <http://www.copsalive.com/how-your-financial-health/>

2. Create an Investment Plan:

Resource: <http://www.copsalive.com/suggests?cjrylant/lifecareer>